Pádraic Ó Máille

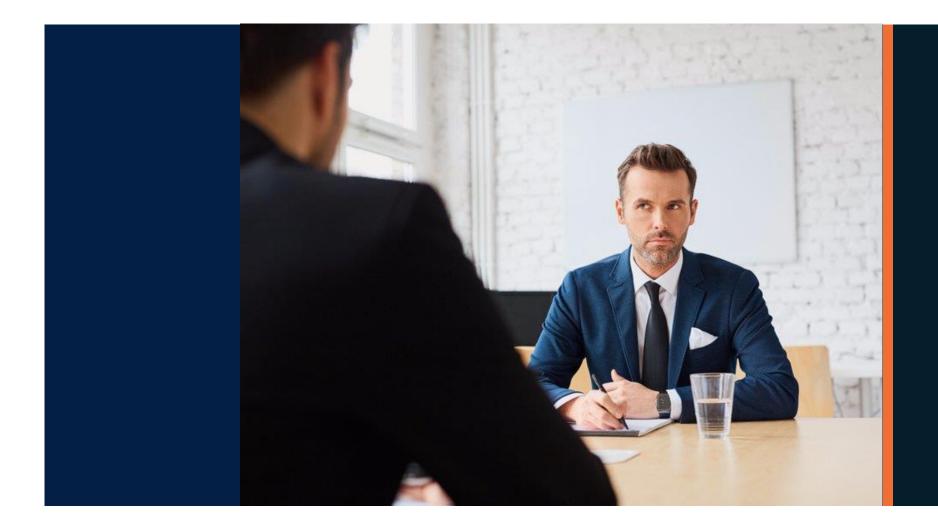
The Law Society of Ireland November 8th 2018











WHAT WENT WRONG?



THE COMMUNICATION



'Bad communication is at the root of every badly managed crisis, every unmet challenge, every corporate failure, every accident, every failed relationship.'

Terry Prone. Talk the Talk.

Studies indicate we spend 7 out of every 10 minutes communicating



You'd think we'd be great at it, BUT...



Challenges arise when people...

- **A** Think Differently
- **A** Communicate Differently
- **Decide** Differently
- A Handle Emotions Differently
- **A** Deal with Opinions Differently

Yet there are times when people...

- **Give you Time & Attention.**
- Value You & Like You.
- Make Allowances For You.
- Focus on Your Strengths.
- Willingly Assist You.
- Make Themselves Available.

Wonder WHY?





Birds of a feather Flock together

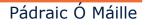


Key Psychological Takeaway PEOPLE LIKE PEOPLE WHO ARE LIKE THEMSELVES



Wouldn't it be great if we could

IDENTIFY how a person wants to receive information, and then **MODIFY** and **ADAPT** that message in a way that is most likely to be understood?



Personality/Communication Styles/Psychometrics

- **DISC**
- o Belbin
- o Myers-Briggs
- o iMA
- The Enneagram

- o Carl Jung
- Meredith Belbin
- o James Knight
- Fr Benny McHale

Key Takeaway

'IF YOU'RE IN THE ROOM BE IN THE ROOM' *Nigel Risner 'It's a Zoo Around Here'*





www.padraicomaille-ima.com

Communication styles

Assertive



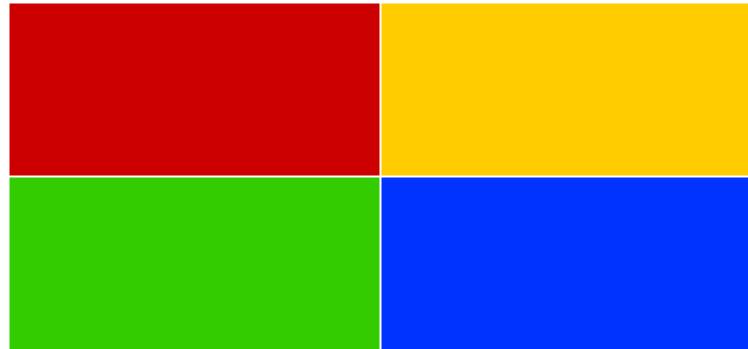
Open

Non-assertive

Communication styles

Assertive





Non-assertive



How to Identify Your Colour

*Are you ambitious, independent and self-confident?

* Are you good at getting things done and organising things?

* Is winning really important to you and do you detest failing?



How to Identify Your Colour

- * Do you crave excitement, action and inspiration?
 - * Do you lose interest quickly and get bored with analysis and detail?
- * Do you enjoy having the craic and a great time?





How to Identify Your Colour

* Are you friendly, warm and caring?

* Is reducing conflict between others important to you?

* Do you have difficulty saying 'no' to others?

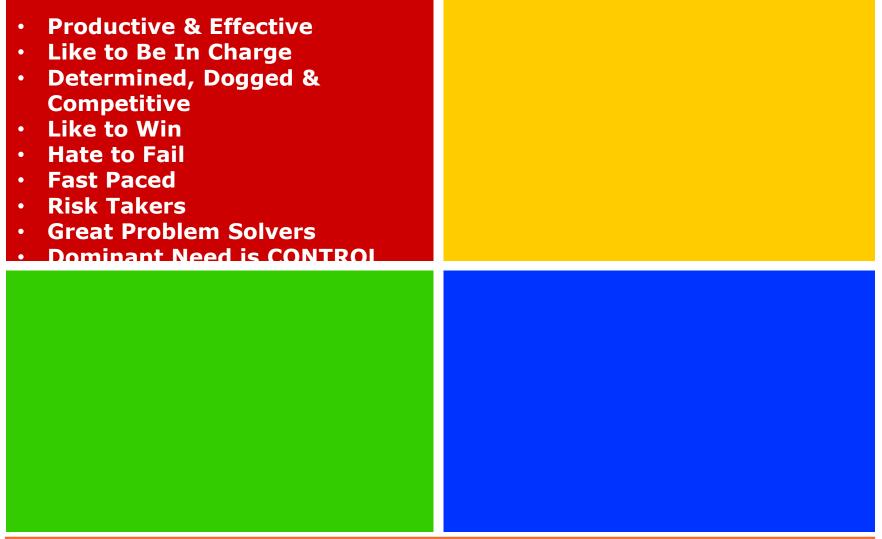
How to Identify Your Colour

* Are you good research, studying and solving problems?

* Do ideas fascinate you?

* Before arriving at a decision, do you like to gather as many facts and opinions as possible?

Communications in Times of Change **Dominant Traits Reds**



Communications in Times of Change Dominant Traits Yellows • Goal Oriented Go-Getters

- Productive & Effective
- Like to Be In Charge
- Determined, Dogged & Competitive
- Like to Win
- Fast Paced
- Risk Takers
- Great Problem Solvers
- Dominant Need is CONTROL

- Outgoing & Enthusiastic
- Persuasive & Influential
- Motivational
- Creative
- Rely on Personal Charm to Win
- Always Tempted to Play, even to their Detriment
- Eternal Optimists
- Dominant Need is

Dominant Traits Blues

 Goal Oriented Go-Getters Productive & Effective Like to Be In Charge Determined, Dogged & Competitive Like to Win Fast Paced Risk Takers Great Problem Solvers Dominant Need is CONTROL 	 Outgoing & Enthusiastic Persuasive & Influential Motivational Creative Rely on Personal Charm to Win Always Tempted to Play, even to their Detriment Eternal Optimists Dominant Need is RECOGNITION
	 Warm Supportive Nurturing Great Team Players Emotionally Intelligent Persistent Patient & Loyal Great Follow Through Dominant Need is STABILITY

Dominant Traits Greens

 Goal Oriented Go-Getters Productive & Effective Like to Be In Charge Determined, Dogged & Competitive Like to Win Fast Paced Risk Takers Great Problem Solvers Dominant Need is CONTROL 	 Outgoing & Enthusiastic Persuasive & Influential Motivational Creative Rely on Personal Charm to Win Always Tempted to Play, even to their Detriment Eternal Optimists Dominant Need is RECOGNITION
 Voracious for Information Analytical Serious Controlled & Disciplined Systematic Task Focused Conscientious Problem Solvers Great Researchers Dominant Need is ACCURACY 	 Warm Supportive Nurturing Great Team Players Emotionally Intelligent Persistent Patient & Loyal Great Follow Through Dominant Need is STABILITY



Others May Perceive Reds As

Impatient • **Dictatorial** • **Craving Success at Any Cost** • Pushy • Forceful • Uncaring •

Others May Perceive Yellows As

- Impatient
- Dictatorial
- Craving Success at Any Cost
- Pushy
- Forceful
- Uncaring

- Disorganised
- Unreliable
- Losing Interest Quickly
- Lacking Follow Through
- Manipulative
- Attention Span of a Gnat
- Exhibitionists



Others May Perceive Blues As

 Impatient Dictatorial Craving Success at Any Cost Pushy Forceful Uncaring 	 Disorganised Unreliable Losing Interest Quickly Lacking Follow Through Manipulative Attention Span of a Gnat Exhibitionists
	 Indecisive Submissive Risk Averse Overly Emotional Slow Paced Resistant to Change

Others May Perceive Greens As

 Impatient Dictatorial Craving Success at Any Cost Pushy Forceful Uncaring 	 Disorganised Unreliable Losing Interest Quickly Lacking Follow Through Manipulative Attention Span of a Gnat Exhibitionists
 Perfectionists Nitpickers Too Many Questions Too Many excuses Indecisive Slow in responding Withdrawn 	 Indecisive Submissive Risk Averse Overly Emotional Slow Paced Resistant to Change

Chatting Up Reds

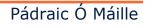
- Get To the Point Fast
- Never Waste Their Time
- Spell Out Bottom-Line Results
- Punctuality Matters
- Avoid Small Talk & Soap Opera Speak



Chatting Up Yellows

- Get To the Point Fast
- Never Waste Their Time
- Spell Out Bottom-Line Results
- Punctuality Matters
- Avoid Small Talk & Soap Opera Speak

- Praise Them
- Flatter Them
- Compliment Them
- Ask Them to Share Their Vision and Ideas.
- Match Their High Energy & Pace & Tonality
- Share Stories
- Ask Them for Help



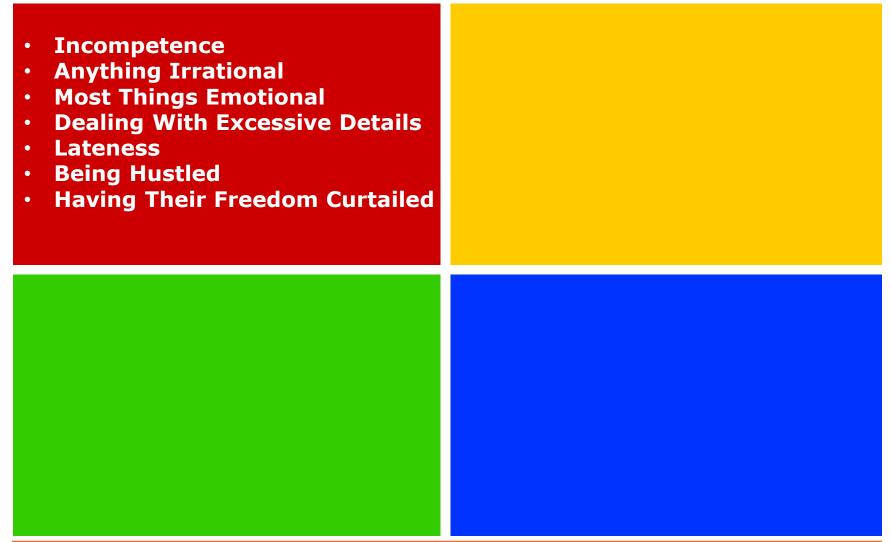
Chatting Up Blues

 Get To the Point Fast Never Waste Their Time Spell Out Bottom-Line Results Punctuality Matters Avoid Small Talk & Soap Opera Speak 	 Praise Them Flatter Them Compliment Them Ask Them to Share Their Vision and Ideas. Match Their High Energy & Pace & Tonality Share Stories Ask Them for Help
	 Show Genuine Interest Make Them Feel Important Listen & Interact Provide Detailed Explanations Express Emotions Use a Gentle Tone of Voice Give Them Time

Chatting Up Greens

 Get To the Point Fast Never Waste Their Time Spell Out Bottom-Line Results Punctuality Matters Avoid Small Talk & Soap Opera Speak 	 Praise Them Flatter Them Compliment Them Ask Them to Share Their Vision and Ideas. Match Their High Energy & Pace & Tonality Share Stories Ask Them for Help
 Talk Quietly & Gently Go into Great Detail Punctuality Matters Avoid Any & All Displays of Emotion Focus on Facts Greens Love Guarantees 	 Show Genuine Interest Make Them Feel Important Listen & Interact Provide Detailed Explanations Express Emotions Use a Gentle Tone of Voice Give Them Time

Reds Detest



Yellows Detest

 Incompetence Anything Irrational Most Things Emotional Dealing With Excessive Details Lateness Being Hustled Having Their Freedom Curtailed 	 Authority Details Reports 'Anything Long-Term' PowerPoints Somebody Else Hogging the Limelight Loss of Status Or Prestige

Blues Detest

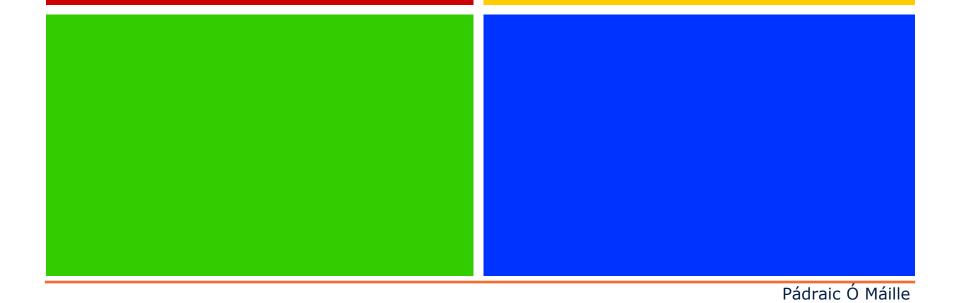
 Incompetence Anything Irrational Most Things Emotional Dealing With Excessive Details Lateness Being Hustled Having Their Freedom Curtailed 	 Authority Details Reports 'Anything Long-Term' PowerPoints Somebody Else Hogging the Limelight Loss of Status Or Prestige
	 Being Shouted At Sudden Change Negative Feedback in Public Apathy & Lack of Interest

Greens Detest

 Incompetence Anything Irrational Most Things Emotional Dealing With Excessive Details Lateness Being Hustled Having Their Freedom Curtailed 	 Authority Details Reports 'Anything Long-Term' PowerPoints Somebody Else Hogging the Limelight Loss of Status Or Prestige
 Criticism Negative Feedback in Public Being Shouted at. 	 Being Shouted At Sudden Change Negative Feedback in Public Apathy & Lack of Interest

Communications in Times of Change In a Fight Reds **Are Best Left Alone** • **Best Treated Softly & Gently Rarely Explode But Will Use** • Anger As a Tool

- Are Best Left Alone
- Best Treated Softly & Gently
- Rarely Explode But Will Use Anger As a Tool
- Will Fight, but ...
- Often Will Apologise
- And Get on With Things



Communications in Times of Change In a Fight Blues Are Best Left Alone • Will Fight, but ... • **Best Treated Softly & Gently** • Often Will Apologise **Rarely Explode But Will Use** • And Get on With Things Anger As a Tool **Rarely Portray Anger Overtly** • **But Will Suppress It.** Will Often Apologise To You When Angry With You

Communications in Times of Change In a Fight Greens Are Best Left Alone • Will Fight, but ... • **Best Treated Softly & Gently** • Often Will Apologise **Rarely Explode But Will Use** • And Get on With Things • Anger As a Tool **Rarely Portray Anger Overtly** • **But Will Suppress It.** Will Retaliate by Withdrawing Will Often Apologise To You When Angry With You

How has iMA been used in practice?



Alison Bull, Family law partner, mediator and collaborative lawyer with Mills & Reeve LLP MILLS & REEVE

I am an iMA Affiliate, and introduced iMA to our family team at national law firm Mills & Reeve LLP over two years ago now, as part of my role as head of our family DR practice. We have our own version of the iMA questionnaire at **www.mills-reeve-ima.com** and on our websites **www.divorce.co.uk** and **www.mills-reeve.com**, and this has been answered 2,546 times at last count. I have been an iMA enthusiast from the outset – having always thought that some sort of quick/easy psychometric tool would speed up the process of getting to know my clients, whether I am in an advisory role, or mediating or collaborating. I was delighted to be introduced to iMA, and it has exceeded my expectations of how useful it would be.

Mills & Reeve Used iMA to.....

- Build strong initial relationship with clients
- Couples in Mediation
- Collaboration Process
- Others accountants (green), therapists (blue), counsel (red)

Our own Team

Mills & Reeve Adapt to different types by

- Sending short bullet point emails to High Reds
- Ringing High Yellows and chatting ... mostly about them
- Ringing High Blues checking in with them & reassuring them
- Sending detailed emails to High Greens
 <u>& not expecting an immediate response</u>

Communications in Times of Change Well Known Reds Michael O'Leary **Alex Ferguson Margaret Thatcher Steve Jobs** • Ronan O'Gara •

Communications in Times of Change Well Known Yellows Pat McDonagh • **Michael O'Leary** • Pádraig Ó Céidigh • **Alex Ferguson** • **Bill Clinton** • **Margaret Thatcher** Mrs Browne **Steve Jobs** • Mary O'Rourke • Ronan O'Gara • Bono •



Communications in Times of Change Well Known Blues Pat McDonagh • Michael O'Leary • Pádraig Ó Céidigh • **Alex Ferguson Bill Clinton** • **Margaret Thatcher** Mrs Browne Steve Jobs • Mary O'Rourke • Joe Schmidt • Bono **Mother Therese** • Adi Roche • Jacinta Greene • **Ruth Curtis** • Colm Powell •

Communications in Times of Change Well Known Greens		
 Michael O'Leary Alex Ferguson Margaret Thatcher Steve Jobs Joe Schmidt 	 Pat McDonagh Pádraig Ó Céidigh Bill Clinton Mrs Browne Mary O'Rourke Bono 	
 Mary Robinson Dick Spring Edna O'Brien 	 Mary Costello Mother Therese Adi Roche Jacinta Greene Ruth Curtis 	

Five Inner- Communications Mindsets in Times of Change





Pádraic Ó Máille is a motivational speaker and an executive coach who uses the power of iMA and the Enneagram to help people better understand their communication and behavioral styles. He has helped and inspired hundreds of executives, leaders and teams to clarify their message, communicate with impact and get better results. He can be contacted at <u>p@omaille.ie</u> or 087-2647817.

